



# Facilitator's Guide to Journey Around the World

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*Journey Around the World* is a downloadable experiential program that creates awareness of the gaps in the quality and availability of treatment for people with hemophilia around the world. For people with bleeding disorders, the program offers an opportunity to reflect on their personal experience and how it compares to that of others.

Participants will “travel” to different countries, some developed and some developing. In each country they will be introduced to a young person who will tell you about his life teaching you a little about his culture, as well as about hemophilia care in that country.

*Journey Around the World* is fun and informative for any number of participants, of all ages. It is a good activity for any occasion where a group of people comes together to share and learn, including summer camps, family camps, weekend retreats, information days and annual meetings –you can even play *Journey* at a birthday party or family picnic.

*Journey Around the World* is suitable for groups of adults, young people, for children, or for groups made up of a variety of ages.

**Travel Time:** 10 – 15 minutes for each country.

**Travel Guide:** The scenario for each country includes a flag, a map and some photographs that can be used to decorate the area where each “country” will be located in the space.

**Travel documents:** Be sure to order your *Journey Around the World* Passports and Boarding passes. (These are not essential, but will add to the fun of the activity.)

*Journey Around the World* passports and boarding passes are available free of charge.  
Please contact: [mike@wfhusa.org](mailto:mike@wfhusa.org) for more information.

**What to pack:** You will need to purchase or find a few simple, inexpensive supplies for some countries. Please see the detailed materials list in each country's section.

## **Planning the Itinerary and Visits:**

Choose the countries to be visited, taking into account:

- the size and make-up of the group
- how much time is available
- how many facilitators/helpers there are
- how much space there is available
- how many supplies there are have (are there enough for all participants?)
- remember to include a mix of developing countries (like Nepal and Senegal) with developed countries (like Japan and France)



**Example:** A group of 20 people of different ages could split into four groups of five. Five countries could be chosen for this trip and each group would be at one country before moving on to the next. If each group has different ages, there will be older people to help the children, when needed.

### **Program Venue and Set Up:**

- Think about the flow of the program through the available space
- Allow as much space as possible/appropriate between each country
- Make a map for everyone to see before they set out
- The map can show the route and where all the countries are located
- Have each group start in a different country and then go east, or west, north or south to the next country

### **Find or buy the supplies you will need:**

- See the list below or in each story; make sure there is enough for everyone
- Make copies of the stories and activities you will need
- If you order Journey Around the World passports and boarding passes be ready to provide the number of participants and the date you will need the supplies.
- Contact [mike@wfhusa.org](mailto:mike@wfhusa.org)
- Or make boarding passes or tickets to use

### **Tour Guides:**

- Each country needs at least one person, preferably two, assigned to read the story and help with the activity
- Facilitators and assistants should read the story beforehand and try out the activities
- The activities can be prepared beforehand so they are ready when each group arrives
- Feel free to add ideas to each country: costumes, music or snacks from that country are a great way to add to the experience and the enjoyment

### **Getting Started:**

- One way to set the tone is to have a “Bon Voyage” party, or set up an area that looks like a ticket counter in an airport.
- Here you can give out instructions, Journey Passports and Boarding Passes.

### **Tour Groups:**

- Divide participants into groups of 5 to 10 people (maximum)
- Give each group a flight number and write it on their boarding passes
- With children, each group should have an adult “pilot” travelling with them
- Mix age groups and sexes
- Use the boarding passes to organize the groups. Write on them (or have the participants write):
  - Participant’s name
  - Flight number and destinations: write the countries in the order that this group will visit them



### Examples:

- Carlos is travelling on Flight #1 travelling to: Nepal, Japan, Peru, and France
- Emily is travelling on Flight #2 travelling to: Japan, Peru, France and Nepal

### How was the trip? Closing Discussion

- Bring everyone back home for a discussion with all the participants about their experiences and what they have learned.
- Arrange the group in a way that makes everyone feel comfortable participating.
- Here are some sample questions:

1. What was your favorite country to visit? What did you like so much about it?
2. What did you learn about hemophilia in other countries? How does it compare with what happens here? How does it compare with your personal experience?
3. What does it mean when only 46 people diagnosed are with hemophilia in Botswana but it should be twice that amount? What does it mean to be undiagnosed? What happens to people with hemophilia if they are undiagnosed? What happens to people with hemophilia if they are untreated?
4. What is our role in helping people with bleeding disorders who do not have access to treatment? (There is no right answer to this question, let participants share their thoughts.)
5. *Treatment for All* is the vision of the **World Federation of Hemophilia**. What does this mean?

One way to help is to find out more about the situation of people with bleeding disorders around the world and share this with others.

**For more information**, visit [www.wfh.org](http://www.wfh.org)

- **Students** will find articles, videos and educational resources for help in writing papers or reports, doing class presentations, or simply to learn more about hemophilia care in the countries they visited.
- A special Youth Leadership section of the web site brings together information on WFH youth programs and initiatives. Click on Programs and then Youth Leadership.
- **Adults** will find educational and resource material about living with hemophilia in developed and developing countries, newsletters, publications and reports about bleeding disorders, information about WFH development programs as well as access to WFH Membership and Donations pages.

**WFH welcomes your feedback and ideas!**  
**Please write to us and tell us about your Journey.**

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