



SENEGAL



Instructions:

You are playing the role of a teenager from Senegal who has hemophilia.

Tell the story below (try not to read from the paper but it's ok if you have to). Make sure the campers understand what you are telling them about hemophilia in Senegal. Use the enclosed pictures to decorate your area. You may use costumes, decorations or other items, but please do not use an accent or ethnic stereotype in your portrayal. Do the activity with the campers at the end of your story and Good Luck!

Make sure to stamp the camper's passports when they arrive.

Nanga def?

That's how you say "how are you?" in Wolof, one of the languages we speak in Senegal, a small country in West Africa.

My name is Abdoulaye and I live in the capital city of Dakar, which became famous as the finishing point of the Paris to Dakar rally. The rally is considered one of the world's most difficult and dangerous sporting events. For many years, until 2009, cars, motorbikes and other vehicles sped through Europe and across African deserts and mountains to reach the race finishing line on one of our beaches.

In fact, Senegal is widely known for its beautiful beaches, as well as its music festivals and game parks. Nikola-Koba National Park is a great place to see animals ranging from hippos, elephants and lions to cute little bush babies. Our wildlife also includes many colorful birds such as the Senegal Parrot, a popular pet that can be trained to talk and do tricks.

But even more popular is the game of soccer and Senegal's national football team, known as the Lions of Teranga.

Everyone was really excited that the World Cup, the world's biggest sporting event was held in Africa for the first time in 2010. People crowded around TV sets and radios to follow the World Cup match down in South Africa.

Soccer is played in every town and every village in Senegal. Whether it's a backyard, a quiet street or a dusty pitch, any empty space becomes a playing field. And even if people can't afford to buy a regular ball they make one out of old rags tied together. I would love to play soccer with my friends every day, but I can't as I get bleeds from kicking the ball.

Unfortunately there's little treatment in Senegal for people with hemophilia and not much is known about it. Only about 120 people have been diagnosed with hemophilia but there's probably five times as many not diagnosed. Factor is not available, unless it's donated by other countries. So people with hemophilia mainly depend on blood infusions. But if you live in a village away from the big cities, hemophilia is a big problem.

Things are slowly getting better. We now have a treatment centre in Dakar and overseas hemophilia groups are teaching us the benefits of physical therapy and exercises. One day, I'd like to see kids with hemophilia in Senegal being well enough to try out for a World Cup team.

But meanwhile, here's my own version of the 'world cup.' To play, you'll need a table with two paper cups set up at each end as goal posts.

Individual or players or small teams then blow through a drinking straw at a ping pong or table tennis ball and try to get it through the goal posts. The highest score in five minutes wins. It's a lot of fun, but much more difficult than it sounds because the ball flies everywhere.

Enjoy your World Cup!

Goodbye. Mangi dem.

(Alternative or extra game for English speaking players.)

Senegal favourite foods word search

The following list contains some of Senegal's favourite foods. See how many you can find hidden in the scrambled letters below the list.

bananas	mango
beef	peanuts
chicken	rice
fish	tomato sauce
goat	yams

GLIGTECAKCB
OYAMOASTHPTE
AARSMDYEHJE
TOIUATARSERN
TMCDTOEIOBCK
CHIYOMFCJAUH
HBEASANEHNEP
IELMANGOSAF
CELSUSAUSNAM
KFIHCBANTACT
EBRPEANUTSON
NMDFICHSAUSE









